

3 STEPS



**To Attract Greater
Opportunities**

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3 Steps To Attract Greater Opportunities

INTRODUCTION

Have you ever wanted to turn your life around from being stuck and falling into the same behavioral patterns that have left you sad, stuck, tired, and frustrated?

Do you sometimes feel emotionally drained and wish you could stop the self-sabotage, and start to make and follow through with great exciting new decisions that not only attract huge successful benefits, but also have those decisions perfectly align with who you are as a person...your core values?

So why hasn't this happened?



You might even know what you need to do to change your life for the better, yet for some reason, no real positive change has happened to date. Oftentimes you may feel like you are not in control, with situations in life just repeating in a continuous loop making you feel helpless, like a spectator

watching your life unravel, rather than a participant making those really important changes.

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Many people suffer from brain-fog. The mind is over-cluttered with too many conflicting priorities, therefore lacking the clarity of any purposeful direction.

The GREAT news is that this problem can be solved, and your life completely changed, with easy-to-implement steps that will provide the necessary and overdue changes that you desperately seek, with a 'back-to-basics' approach that is so effective, yet so overlooked.

You will no longer be the procrastinator or the spectator, but the hands-on pilot navigating your own personal journey, attracting greater opportunities and landing on paths that lead to your success.

If this sounds like something you could massively benefit from, then you are in the right place.

Why Should You Listen To Me?



Hi there, my name is Brian and I currently help people all over the world to create the necessary habits that will fast track and sustain happiness within their lives.

I use proven methods from experts in this field, my own personal experiences and those from others I have interacted with.

I have extensive people management expertise; acquired from many years of management roles and completed my master's degree with modules specializing in Change Management and Leadership.

I have tried and tested many processes, read many self-help books, and have attended numerous seminars in search for that magic bullet. That thing that will transform lives from being stuck – to moving in a new direction that feels right, attracting greater opportunities that are aligned with your values, beliefs, and core identity.

The processes I have found can achieve this, but only if you are willing to commit and have an open mind to trying new things that will at times challenge you but can make you think and act differently.

The good news is that these processes have been stripped right back to its core basics, making it simple and easy to understand and follow, and super effective when implemented.

Just Imagine –

- The opportunity to attain a career that makes you happy, because it aligns perfectly with your core beliefs, behaviors, and values.
- Being happy with every decision you make and achieving your fullest potential.
- Living the life, you always wanted. A sense of happiness and achievements from making the right decisions at the right times, so that great opportunities are always present.

FOR MANY PEOPLE...

This kind of life will only be a fantasy because they fear change and see all challenges as obstacles rather than opportunities. It has kept them complacent and stuck.

Regardless of intentions, wishes without actions remain as wishes! You might even wonder why you feel stuck, even though you know exactly what you should be doing to improve your life.

One big reason...your mindset.

It is one of your most important assets yet can be your worst liability if trained incorrectly. Everything you do derives from it!

Step 1 – Mindset



Your mindset is the sum of your beliefs and values, formed by knowledge and experiences that ultimately dictate your thoughts and actions, or inactions.

Having a growth mindset is the single most important key in making you ready and receptive to change for greater opportunities, moving you forward in your pursuit of happiness and success. But you must become open to new ways of thinking for it to work!

Have you ever bought an item (clothing, bag, shoes, etc.) and thought that your purchase was somewhat unique, then after, seeing lots of people with the exact same item? The truth being that it was always there in front of you, but you never saw it, as that was not your focus at the time.

Similar with opportunities...a lack of focus, incorrect perceptions and assumptions can limit what you see and make you miss opportunities, even when they are right in front of your eyes. Also, being constantly distracted by 'shiny new objects', fleeing from one thing to another, will prevent you from focusing, and result in the same situation.

GROWTH MINDSET

With a growth mindset, you will recognize amazing opportunities at first sight, becoming more receptive as you raise your level of awareness. You will become more willing to try new things and act swiftly to reap the rewards of your ideas and decisions.

To benefit from this change of mindset, you first must code your mind with the **truthful** answer to very important personal questions for it to change and really work well. Those question are: Why do I need to change and why is it so important to me?

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To help you find your 'why' and strengthen it, start by focusing on the reasons for the change. For example:

- You may want to desperately leave that job because it is depressing you, making you feel stuck and reducing your confidence.
- Life seems to have no meaning, so you feel like you are just existing and not living.
- You need to maximize your potential by learning something new that will make you more employable in better industries or help you to set-up your own business and work towards financial freedom, benefiting you and your family.

This will become much easier the more it is practiced, and it will soon propel you into taking appropriate action much faster, which is the next important step to attract greater opportunities.



Step 2 – Action

Taking action is the hardest step in the process, but made much easier with the right mindset, as the reasons why (as described earlier) forces you into a state of movement – moving you out of the situation that you have come to dislike.

Procrastination, fear, lack of focus, laziness, and the voice of self-doubt are the enemies of action. Some people will be far more engaged in thoughts than in taking action, but thoughts and having faith without meaningful action are useless!

“I NEED TO CHANGE
BECAUSE...”

“I DISLIKE MY SITUATION
BECAUSE...”

“I DISLIKE WHO I’VE BECOME
BECAUSE...”

Asking **Why?** for each answer you give, will help you drill down and get to your core reason for change. Your final answer will strengthen your ‘why’ and empower you into taking action, especially when an opportunity presents itself. Just the smallest of incremental actions can bring about the changes needed, so form a ritual of taking action each day to create momentum, doesn’t matter how small if it moves you closer and closer to your objective. Be **clear** on what you want and be **consistent**!

Importantly, you must complete the tasks that you start, even when you dislike parts of it. The ‘Power of Completion’ is gratifying and will provide you with the discipline to follow things through to the end. So just imagine starting something that you really do like that is highly beneficial...job done! Your actions create opportunities, and those opportunities create more action.

Remember – every little thing you do affects every part of who you are! If you cannot take that very first important little action that moves you forward, then you must revisit your mindset and correct and re-strengthen your ‘why’. Very soon, those small actions that you take will become automatic, forming great new habits and attract great new opportunities.

Step 3 – Habit



It is in the doing that will help you to become more open to opportunities and new ways of thinking. Taking deliberate and appropriate action consistently to ensure that things get done creates the necessary habits, which is the next important process. Constant practice and repetition strengthens the mindset, creating automatic thoughts, responses, and actions.

Old habits are hard to break, and new ones can be hard to adopt because habits are deeply rooted within our minds. There are triggers that can cause habits to appear, such as situations, surroundings, and people. So, you should be mindful of each trigger, especially if they cause bad habits that keep you stuck and prevent you from attracting and acting on opportunities. Your attempts for change should be small, realistic, and incremental for the new habits to stick, and in a short time if consistent, you will notice massive changes as your mindset changes too.

- Correct Mindset = Correct Actions
- Correct Actions = Correct Habits
- Correct Habits = Growth Mindset



Growth Mindset



Final Thoughts

This introduction provides some key elements necessary for you to start your journey like 'Taking Action', which is an obvious and essential ingredient for positive change and attracting greater opportunities.

However, just taking action isn't enough! You also need to know what to take action on, so that it truly aligns with who you are, and achieves your goals in the fastest and easiest way possible. If there is a mismatch, then your journey for change and attracting great opportunities will become much longer and much harder.

'I Can Do This! – The Insider's Guide To Fast-Tracking Your Success' is a powerful step-by-step manual that will completely reprogram your mind for success, for those who are truly ready for change.

If you have already seen this guide, keep referring to it, to embed key practices.

It will help you discover how to effortlessly motivate yourself to act, and to take the **RIGHT** actions necessary to achieve your goals.

Understanding how the mind works is truly the way to change it, making your journey towards success much easier and much quicker.

Start seeing the world differently and overcome obstacles that have in the past made you stuck. This guide will:

- Provide the tools for change
- Accelerate your journey towards success
- Empower you to maintain the positive changes

What does success look like? It looks like a person that takes the **RIGHT** actions!

Start enjoying the life you deserve.